

# Resources for Working with your Supervisor

Need more information and ideas about working with your supervisor? The following are resources the Career Centre looked at to support the information presented in this module.

## **5 Strategies for Improving your Relationship with your Boss**

Achieve Centre for Leadership and Workplace Performance

Highlights: strategies to create good working relationships

<https://ca.achievecentre.com/blog/5-strategies-improving-relationship-boss/>

## **8 Assertive Communication Tips**

Achieve Centre for Leadership and Workplace Performance

Highlights: why effective communication is important in the workplace

<https://ca.achievecentre.com/blog/8-assertive-communication-tips/>

## **Leadership Styles Choosing the Right Approach for the Situation**

Mind Tools Content Team

Highlights: descriptions of a number of different leadership styles

[https://www.mindtools.com/pages/article/newLDR\\_84.htm](https://www.mindtools.com/pages/article/newLDR_84.htm)

## **The Incredible Power of Company-wide Goal Alignment and Organizational Business Goals**

Success Factors

Highlights: benefits of goal alignment and the importance of employees understanding the organizations goals and strategies

[https://www.successfactors.com/en\\_us/lp/articles/corporate-goal-alignment.html](https://www.successfactors.com/en_us/lp/articles/corporate-goal-alignment.html)

## Harassment

### **About Human Rights – What is Harassment**

Canadian human rights commission

Highlights: description and examples of harassment

<https://www.chrc-ccdp.gc.ca/eng/content/what-harassment-1>

## **Being Harassed at Work? Information for workers**

Ontario Ministry of Labour

Highlights: description of harassment, what to do, where to go for help.

[https://www.labour.gov.on.ca/english/hs/pubs/fs\\_wvh\\_atwork.php](https://www.labour.gov.on.ca/english/hs/pubs/fs_wvh_atwork.php)

## **Is it Harassment? A tool to Guide Employees**

Government of Canada

<https://www.canada.ca/en/treasury-board-secretariat/services/healthy-workplace/prevention-resolution-harassment/harassment-tool-employees.html#c4> (link may not work, suggest copy and paste into URL field)

## **OSH Answers Fact Sheets – Bullying in the Workplace**

Canadian Centre for Occupational Health and Safety

Highlights: description of bullying, examples and the affects of bullying

<https://www.ccohs.ca/oshanswers/psychosocial/bullying.html>

## **Harassment Resources:**

Information about Ontario human rights [Ontario Human Rights Commission](#)

Contact the [Human Rights Legal Support Centre](#)

Human Rights Applications – Ontario: [Human Rights Tribunal of Ontario \(HRTTO\)](#)

The Law Society of Upper Canada: [Law Society of Upper Canada referral service](#)

Law Society of Ontario Referral Service [crisis line](#)

Ontario Labour Relations Board [Ontario Labour Relations Board \(OLRB\)](#)

Assaulted Women’s Helpline [The Assaulted Women’s Helpline](#)