

## Resources for Networking in the Workplace

Need more information and ideas about networking at work? The following are resources the Career Centre looked at to support the information presented in this module.

### [Tap into the Power of Networking at Work: 5 Ways to Connect with the Culture](#)

Erin Urban, Founder, Uppsolutions

Highlights: Common myths and Networking at work for Introverts and Extroverts

<https://besomebody.com/advice/2017/12/13/tap-power-networking-work-5-ways-connect-culture/>

### [Networking at Work: How to Accelerate Your Professional Growth and Build Your Career](#)

Eliza Shanley, founder and managing partner of Women@Work Network,

Highlights: 7 steps for developing your career strategy

<https://www.ellevatenetwork.com/articles/6236-networking-at-work-how-to-accelerate-your-professional-growth-and-build-your-career>

### [How to Network With the People You Already See Every Day](#)

Martha C. White

Highlights: Ideas about how to go from uncomfortable elevator silences to being that person who seems to know everybody in the building.

<http://time.com/money/4165116/networking-with-colleagues/>

### [Networking at Work is Important for New Hires](#)

John Rossheim | Monster Senior Contributing Writer

Highlights the whys, whoms and how to network

<http://mediabuzz.monster.com/benefits/articles/923-networking-at-work-is-important-for-new-hires>

### [7 Ways To Maintain Your Professional Network Without Annoying Your Contacts](#)

Rachel Grumman Bender

<https://www.fastcompany.com/3061118/7-ways-to-maintain-your-professional-network-without-annoying-your-contacts>